



# ProBiota™ 12

This high-potency probiotic supplement provides a combination of 12 different strains of beneficial bacteria important to intestinal health and well-being. Probiotic supplements contain live, “friendly” bacteria and/or yeast that promote proper digestion, support immune system function, aid in production of vitamins, and defend against harmful disease-causing bacteria.

Normally, the human gastrointestinal tract is populated by hundreds of different strains of bacterial microflora important for healthy gastrointestinal function. However, modern Western diets lack the beneficial bacteria that are as important to health as any required vitamin or nutrient. Stress, disease, aging, exposure to toxins, or use of antibiotics and certain medications can reduce the numbers of beneficial bacteria and set the stage for digestive disorders, impaired immune function, increased allergic sensitivity, infection, and inflammation.

The probiotic species in this product help replenish and maintain the essential gastrointestinal microflora missing from the diet or disrupted by antibiotic therapy or other medications.

This formulation contains:

- **A synergistic blend of 12 probiotic species:** Many of the positive attributes of probiotics are species and strain dependent. Thus, taking just one or two strains may not be enough. The 12 safe, well-studied probiotic lactic acid bacteria provide a broad-spectrum of benefits that help restore intestinal microbalance more effectively compared to single strain formulas. Six colonizing *Lactobacillus* strains important for the small intestine, four colonizing *Bifidobacterium* strains that normally reside in the gastrointestinal tract, and two beneficial transient bacteria used as starter cultures in yogurt, provide benefit throughout the GI tract.
- **Protective delivery system:** To be effective, the living organisms in probiotics must survive exposure to stomach acids as they travel to the small intestine and colon. This product utilizes a proprietary technology that protect probiotics against destruction by harsh gastric conditions, resulting in significantly more live microorganisms delivered to the small intestine than unprotected probiotic formulations.
- **Hypoallergenic ingredients:** Probiotics used in this formulation are cultured on a proprietary vegetable-based growth media. This product is free of the common allergens milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat/gluten, corn, yeast, and soybeans. No sugar, magnesium stearate, maltodextrin, artificial sweeteners, colors, flavors, salicylates, or preservatives are used. Inulin, a dietary fiber derived from chicory root, is used as a base ingredient in place of corn- or wheat-derived maltodextrin, often used in other probiotic supplements.

This product can be used by children or adults as a daily supplement to support gastrointestinal function and provide probiotic support for people with intestinal dysbiosis, increased intestinal permeability (“leaky gut”), viral and bacterial gastroenteritis, diarrhea, constipation, food allergies, sinusitis, eczema, yeast vaginitis, vaginal dysbiosis, or recurrent urinary tract infections. Long-term probiotic supplementation is vital to the maintenance of normal intestinal microflora.

**Suggested Use:** Take one capsule daily with food or as directed by a physician. If using medications known to adversely affect the intestinal microflora such as antibiotics, take this product several hours before or after their use.

This product was made in a GMP and ISO 9001:2000 registered facility.

<b>Supplement Facts</b>	
Serving Size 1 Capsule	
<b>Amount Per Capsule</b>	
Probiotic Blend (25+ billion CFUs)	160 mg*
<i>Lactobacillus rhamnosus</i>	6.0+ billion CFUs*
<i>Bifidobacterium bifidum</i>	5.0+ billion CFUs*
<i>Lactobacillus acidophilus</i>	3.0+ billion CFUs*
<i>Lactobacillus casei</i>	2.5+ billion CFUs*
<i>Lactobacillus plantarum</i>	2.0+ billion CFUs*
<i>Lactobacillus salivarius</i>	2.0+ billion CFUs*
<i>Bifidobacterium longum</i>	1.0+ billion CFUs*
<i>Streptococcus thermophilus</i>	1.0+ billion CFUs*
<i>Lactobacillus bulgaricus</i>	1.0+ billion CFUs*
<i>Lactobacillus paracasei</i>	0.5+ billion CFUs*
<i>Bifidobacterium lactis</i>	0.5+ billion CFUs*
<i>Bifidobacterium breve</i>	0.5+ billion CFUs*

\*Daily Value not established.

Other Ingredients: Inulin base derived from chicory root, proprietary polysaccharide complex, vegetarian capsule (hydroxypropyl methylcellulose, water), and L-leucine.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.